

# ZERO WASTE REVOLUTION

2015-2016 School Year

**MONTHLY REPORT • MAY** 

### **End-of-School-Year summary**

The month of May was spent wrapping up a very busy and productive school year. No new initiatives – just the relentless daily pursuit of Zero Waste, Lanikai-style.

### **Visitors**

Principal **Anela Pia** from Sunset Beach Elementary journeyed from the North Shore to spend a day observing our operations in action. Sunset Beach has a paid part-time Sustainability Coordinator on staff, but they are struggling to get both worms and hot composting up to scale. One tough issue the rural schools face is destruction from wild pigs coming down from the hills.

Parent volunteer **Lindsey Pomeroy** from nearby Ka'elepulu Elementary also visited and even pitched in to help. This very manageable Enchanted Lake school has only



Green and Vermilion, the last two hot compost piles completed in May, processed well over 1,000 pounds of food waste each.

184 students and is eager to emulate Lanikai's example. Lanikai 6th graders have been volunteered to assist to conduct a waste audit shortly after school starts up again August 1st.

### **Videos**

The mini-video featuring Jack Johnson at Lanikai School is posted on the Sustainable America website and is making the rounds on the mainland.

Gabe Cabagbag showed us the rough cut of our own video that he has been working on. It was very pretty, with gorgeous cinematography and inspiring interviews, but didn't quite capture the Zero Waste Revolution experience, which is not just a dreamy vision but a hard-core fully operational system that utilizes very specific tools to produce measurable results. Only half of the \$15,000 grant has been spent, so we have asked to work with him to provide a more detailed narrative.

### **Bottom line for May & more**

This report completes the school year with the addition of the period between May 1 and May 31, 2016. There were 19 school days during this month, packed with May Day celebrations, Awards and 6th Grade Promotion ceremonies, numerous field trips hither and yon – everyone was eager to close out the year. All remaining garden crops were harvested, beds cleaned out and mulched to rest over the summer.

During this interim **1,550 pounds** of food waste was collected and processed via vermicomposting and hot composting technologies, adding up to of **7,477 pounds** this semester, and totalling **14,568 pounds** for the 2015-2016 school year. **Landfill diversion rate: 100%**.

- 100% of all HI-5 cans and bottles were collected. Average HI-5 count is 20 per day or 100 items per week. Many mahalos to custodian Jeff Mizuno who cleans, crushes, and transports the cans and bottles for redemption at the Waimanalo recycling station, a humbug, time-consuming task far more valuable than the 5¢ he gets to keep for every can. Uncle Jeff's service is much appreciated.
- Only 75% of all paper and cardboard waste was collected and processed. Clearing out files and classrooms at the end of the year generates a tsunami of workbooks, notebooks, bulletin board art and other items beyond current processing capacity. Lamination is rampant none of this can be reclaimed. Because Sort-It-Out Sam has been collecting paper daily, paper piles were noticeably smaller than last year. Paper accumulated but not processed will be shredded over the summer.
- The tumbler technology is working very well. Two more tumblers have been approved although delayed because Amazon will not ship them here and they are sold out at Costco (one of the few persistent disadvantages of life in Hawaii). The pile of palm fronds, corn stalks, branches and other big chunks will be chipped when the tree trimmers come over the summer. The eleven truckloads of mulch dumped at the beginning of the school year have nearly all been used for composting and mulching bald muddy spots around the campus.



Our composting worm Perionyx excavatus is well-known as a traveler, taking advantage of rainy nights to set out to seek new sources of food. These guys showed up in the tumblers, 200 feet from the nearest worm bin.

## Sales of recovered products

In addition to the health and environmental benefits of landfill diversion, mountains of rich soil and fertilizer for gardening and landscaping, and abundant educational opportunities, Resource Recovery also raises revenue. Sales of surplus worms, worm bin bedding, vermicast, compost, bokashi starter, and vermicast tea totaled \$3,070.60 this school year. This can potentially double, now that a base of repeat customers has been established. The stated goal was \$6,000 for 2016 – can do! All monies raised support the garden.

# Recovery: 2nd semester and 2015-2016 data

Week of	Vermicomposting	Hot Compost	<u>Bokashi</u>	Weekly Total
1/11/2016	176 pounds	294 pounds	0 pounds	470 pounds
1/18/2016	108 pounds	155 pounds	0 pounds	263 pounds
1/25/2016	149 pounds	243 pounds	0 pounds	392 pounds
TOTAL January	433 pounds	692 pounds	0 pounds	<b>1,125 pounds</b>
2/1/2016	137 pounds	283 pounds	0 pounds	420 pounds
2/8/2016	170 pounds	241 pounds	0 pounds	411 pounds
2/15/2016	114 pounds	258 pounds	0 pounds	372 pounds
2/22/2015	186 pounds	198 pounds	0 pounds	384 pounds
TOTAL February	607 pounds	980 pounds	0 pounds	<b>1,587 pounds</b>
2/29/2016	159 pounds	354 pounds	0 pounds	513 pounds
3/7/2016	168 pounds	250 pounds	0 pounds	418 pounds
3/14/2016	0 pounds	136 pounds	0 pounds	136 pounds
3/21/2016	64 pounds	78 pounds	0 pounds	142 pounds
3/28/2016	108 pounds	184 pounds	0 pounds	292 pounds
TOTAL March	499 pounds	1,002 pounds	0 pounds	1,501 pounds
4/3/2016	128 pounds	231 pounds	0 pounds	359 pounds
4/10/2016	142 pounds	123 pounds	0 pounds	265 pounds
4/17/2016	153 pounds	402 pounds	0 pounds	555 pounds
4/24/2016	178 pounds	357 pounds	0 pounds	535 pounds
TOTAL April	601 pounds	<b>1,113 pounds</b>	0 pounds	1,714 pounds
5/1/2016	160 pounds	216 pounds	0 pounds	376 pounds
5/9/2016	137 pounds	212 pounds	0 pounds	349 pounds
5/15/2016	125 pounds	219 pounds	0 pounds	344 pounds
5/22/2016	141 pounds	340 pounds	0 pounds	481 pounds
TOTAL May	563 pounds	987 pounds	0 pounds	1,550 pounds
TOTAL, Jan. thru May 2016	2,703 pounds	4,774 pounds	0 pounds	7,477 pounds
TOTAL, Aug. thru Dec. 2015	2,264 pounds	<b>4,177 pounds</b>	650 pounds	7,091pounds
TOTAL, 2015-16 School Year	4,967 pounds	8,951 pounds	650 pounds	14,568 pounds

### Food collection analysis

### **Separation Station**

Food waste collection improved greatly this year. The lunchtime Separation Station set-up and procedure was tweaked several times to accommodate new washables and to discover the best way to use easily-distracted 6th graders. Mr. Sawyer is always looking for ways to increase efficiency. Since food waste collection is the single most important – and challenging – aspect of Resource Recovery, it deserves continued vigilance.

### **Events**

While there were some serious slips the first half of the school year (Halloween, Fiesta Friday Dance, Fall Festival), by January consciousness was raised to the point that organizers of ALL special events, classroom parties, performances, etc., properly collected food waste. (A 4th grader on the Big Island field trip was reported to have complained, "What are we supposed to do with these lunch leftovers? There's no compost buckets here!") There is much work to be done to eliminate single-use items at events and parties. With a dishwasher on site next year, the time it takes to wash reusable plates, cups, and forks will be minimal. No excuses.

Total food waste collected at lunch and events: **12,748 pounds**, 88% of the total of **14,568 pounds**.

### Sort-It-Out Sam

Sam still has issues with food waste landing accidentally in his belly but overall he performed admirably, collecting **1,820 pounds** of snack waste, just over 12% of our total.

- Average pounds of food waste processed weekly: 383.4 pounds. Last year: 356.6 pounds
- Average pounds of food waste generated daily: 80 pounds. Last year: 77.9 pounds

The slight jump of a few pounds daily likely reflects more efficient collection rather than an increase in waste generation. *Our total Resource Recovery activity increased* 41% over the 2014-2015 School Year!

### Food waste processing analysis

In the second half of the year, we did no bokashi fermentation.

- Worms processed 36% of food waste, primarily kitchen prep.
- Hot composting accounted for 64% of food waste from plate scrapings, home lunch and snacks.

For the entire 2015-2016 school year

- Worms processed 34% of food waste.
- Hot composting processed 62% of food waste.
- Bokashi fermentation processed 4%.

Although worms process only a third of our total food waste, they break down roughly 75% of all school paper and cardboard.

# TOTAL FOOD WASTE

collected & processed at Lanikai PCS during 2nd Semester

7,477 pounds (3.74 tons)

....for the 2015-2016 School Year

14,568 pounds (7.28 tons)

2014-2015 School Year 5,921 pounds (2.96 tons)



# **HISTORY of our HOT COMPOST PILES**

Z	18/16	Temp	85º	162º	168º	166º	168⁰	172º	
VERMILION	START DATE: 4/18/16	Pounds Food	500	+193	402 + 172	574 + 216	790 + 219	1,009	1,154
VE	STAF	Date	4/18	4/22	4/29	2/6	5/19	5/27	
	/1/16	Temp	825	156º	172º	168⁰	158⁵	160º	
GREEN	START DATE: 4/1/16	Pounds Food	184	+ 231	415 + 123	538 + 185	723 + 212	935 + 195	1,130
	STAI	<u>Date</u>	4/1	4/8	4/15	4/20	5/13	5/27	
	29/16	Temp	₀08	150⁰	162º	163º	170º	170º	
PURPLE	START DATE: 2/29/16	Pounds Food	140	+ 214	354 + 110	464 + 140	604 + 136	740	818
	STAR	<u>Date</u>	2/29	3/4	3/9	3/11	3/22	3/26	
SE	/28/16	Temp	80₀	154⁰	168⁰	168⁰	160º	160º	
TURQUOISE	START DATE: 1//	Pounds Food	150	+ 145	295 + 138	433 + 151	584 + 45	629 + 198	827
F	STAR	Date	1/28	2/1	2/4	2/11	2/19	2/25	
N	11/16	Temp	<sub>5</sub> 08	158º	168º	172º	146º	148º	
YELLOW	START DATE: 1/11/16	Pounds Food	152	+ 142	294 + 155	449 + 93	542 + 90	632 + 213	845
	STAR	Date P	1/11	1/15	1/21	1/25	2/8	2/19	

Total food waste hot composted during the 2015-2016 School Year: 8,951 pounds (4.48 tons) Total food waste hot composted during Second Semester: 4,774 pounds (2.39 tons)

HARVEST DATE: 11/27/16	
HARVEST DATE: 11/27/16	
HARVEST DATE: 9/26/16	
HARVEST DATE: 8/25/16	
HARVEST DATE: 8/19/16	•

### What's working and what needs work

Lanikai Learners are the only students on Oahu who sort and separate their waste so that it can be returned to the cycle of life rather than be burned or buried. This exemplary daily habit is now part of the culture of Lanikai School. Student participation will continue to be finessed. Some of this year's Zero Hero Service Activities worked better than others. The limiting factor is time, both as it eats away the hours in a school day and defines a child's attention span. We will continue to explore practical, fun, meaningful ways for kids to take an active part in Resource Recovery operations and to build their understanding and appreciation of Zero Waste practices and principles.

Collecting and processing resources has settled into a ho-hum routine. The technologies are tried and true, the results consistent and predictable. After a year and a half, our Zero Waste ecosystem is firmly established and running exceptionally well.

Composting worms continue to be abundant, quiet and industrious, absorbing literally tons of food, paper and cardboard. There were two harvests this school year, each yielding 550 pounds of rich, valuable vermicast, a total of 1,100 pounds.

Hot compost piles continue to cook away like clockwork. This year 4th graders harvested nine piles, about one per month, with an average yield of 1.5 cubic yards each, approximately 13.5 cubic yards of beautiful premium compost. The amount of food waste in each pile was increased from 500 pounds to 800+ pounds, with the last two piles of the year topping off at over 1,100 pounds just for fun. With this increase, we can pare down to eight piles – rather than ten – saving burlap costs, time and effort.

With the high demand for our vermicompost and compost, bokashi fermentation was temporarily abandoned this semester. At Pearl City High, where massive amounts of meat waste were generated in a single meal, bokashi was an absolute necessity. At Lanikai it's an option since animal protein is used sparingly and can easily be folded into hot compost. Because Lanikai is the model school, however – and it's important to show all technologies in action – bokashi will be demonstrated but likely cut back to only one or two batches a year.

Same with the Tinman and biochar production – this is a wonderfully educational technology but optional. Perhaps during the school year the Tinman will be fired up once as a demo and to create a batch of biochar for science experiments, but biochar is too complex, messy, and time-consuming for routine use.

Lanikai School's treatment of organic waste is commendable, and thanks to One Love Cafe with the support of the LSO, food service single-use items will soon be history. The weakest area is snack policy. One can debate the health, cultural, or social implications of the incessant sweets and treats that are an entrenched feature of modern school life, but strictly from a waste management perspective, snacking is out of control. While it may be inappropriate to question parents' right to feed their kids any way they choose, if you have committed to a Zero Waste campus, some restriction of packaging (zap the Ziplock, RIP rigid plastic) might be acceptable. Hopefully, some action in this area can be addressed in the next school year.



Mylar (above) may be up-cyclable, but soft and rigid plastics must be trashed and will remain in the environment causing damage forever. Can students and parents accept a voluntary ban on these items?

### **Summary of accomplishments**

The following list summarizes program highlights from January 7 – the first day of Second Semester – through May 26, 2016, the last day of the 2015-2016 School Year.

### 100% food waste diversion achieved

Food waste collection maxed out at 100%; student participation well-established. Submitted collection data and project narrative to EPA's Food Recovery Challenge.

### 100% food waste recovery achieved

Processing food waste via hot compost and vermicomposting maxed out at 100%. Sales of surplus recovered products initiated.

### 100% green waste diversion achieved

Activated and expanded green waste collection and processing operation.

### January planting of AINA gardens & more

Record crop vigor and productivity with 100% campus-produced inputs. No issues with pests or diseases. LC Papaya Orchard, Hawaiian Native Plants Garden, & Sunflower Patch established.

### **Soil restoration continues**

Added 2nd layer of mulch – six tons – to front schoolyard Two more layers to go. Sheet mulched several smaller bald areas.

### **Events, tours and workshops**

- Hosted Oahu Food Waste Summit, facilitated by Wendi Shafer, EPA District 9.
- Lanikai Teacher's Tour, developed *A Teachers' Guide to the Zero Waste Revolution.*
- Tour with State House Representative Chris Lee and Surfrider Foundation.
- Tour with Green House founder Betty Gearen and compost sensei Evelyn Giddings.
- Workshop with GoFarm Hawaii participants.
- Tour with Kyle Comforth from Edible Schoolyards.
- Tour and training with Marlen Sommers of Ho'omau Ke Ola, Waianae.
- Tour with Anela Pia, Principal of Sunset Beach Elementary School.
- Tour and training with Lindsey Pomeroy from Ka'elepulu Elementary.

### Video projects, presentations

- Sustainable America produced a video distributed on mainland websites featuring Jack Johnson's visit to Lanikai School.
- Gabe Cabagbag produced and submitted rough cut of Lanikai's Zero Waste video.
- Green Team members presented "How Zero Waste Creates Magnificent Gardens" at the We Grow Hawaii School Gardening Conference.

### Community outreach

- Organized and implemented "Zero Waste Event courtesy of Lanikai School" for the Windward District Spelling Bee and Hawaii Public Radio's Spring Pledge Drive.
- Assisted Kailua Intermediate School, Kainalu Elementary, Palolo Elementary, and Kaimuki Middle School to resolve worm bin problems and hot composting issues.

### **Funding**

- Oahu Resource Conservation and Development Council was awarded a \$40,000 private gift from Steve and Marilyn Katzman for staffing the Zero Waste Revolution January through December of 2016.
- LSO approved \$6,000 to fund the purchase and installation of a commercial dishwasher.
- A grant of \$1,000 was awarded by Kokua Hawaii Foundation for the purchase of a greenhouse.
- Two full scholarships were awarded for Mr. Sawyer and Ms. Espie to attend 5-day Edible Schoolyard Academy in Berkeley this summer. Kokua Hawaii Foundation kicked in additional funds to cover travel expenses.

# Ms. Mindy's To-Do List for June & July

1	Present Food Waste Reduction in Schools  Webinar – national! – on June 15th, a  peer-to-peer exchange facilitated by the  U. S. Environmental Protection Agency.	Write, develop, and print <i>A Parents' Guide to Zero Waste at Lanikai School.</i> Also prepare an online version.
	Continue near-daily nurturing of worm colonies, compost piles and green waste breakdown operation. Cull surplus worms from Big Blue to wholesale to Kokua Worms.	Harvest compost piles Red and Pink, due mid- June. Recruit harvest team among those from other schools learning our methods.  Assist Friends of the Library to Zero Waste
	Harvest Mulberry Gang bins in late July.	their Book Sale at McKinley High.
	Meet with Representative Chris Lee, Farm- to-School Coordinator Robyn Pfhal, Surfrider Foundation and others in positions of influence who can provide guidance for	Advise St. Andrew's Schools on vermicomposting system. Prep site and install Pipeline bin and donated worm colony.
	financing and expanding this program into the future. Follow all leads.	Set up new Pipeline bin at Kainalu Elementary and help transfer their box bin worms late July.
	Work with Ed Souza to modify the Tinman (no smoke) and produce several batches of biochar at Ed's Waimanalo site. Vermicast tea	Work with cinematographer Gabe Cabagbag to tighten up the narrative on the video.
	inoculated biochar will go into the next layer of mulch on the front schoolyard.	Finish shredding all the paper backlogged in the library.
	Recycled water is used to irrigate the lawn at Ewa Makai Middle School. Explore the possibility of finding expertise and funding for a gray water system to recycle water from the kitchen to underground irrigation pipes	Print a giant-sized poster of the Lanikai School Campus Ecosystem and create a display including information on collection on the corkboard on the back wall of the cafeteria.
	installed under all the new soil.	Meet with Marsha Hee of Recycle Hawaii to share ideas when she visits Oahu from the
L	Contact tree trimmers to dump six more tons of mulch to spread in front schoolyard.	Big Island in July.
	Sheet mulch and prepare the far makai strip of campus for a pumpkin patch to be planted in mid-July in time for Halloween!	Research the possibility of upcycling mylar locally. TerraCycle collects mylar from 83,000 schools on the mainland, so this material is a valuable resource for someone, somewhere.  Can we weave it to make trick-or-treat or gift
	Sheet mulch the final few areas not completed over the school year.	bags? Can the shiny side be used to make a solar oven, a windshield heat reflector?

Monthly Reports will not be prepared for June and July.

A Summer Summary will appear in the August edition.